

OCTOBER 2026

Meal Prices

<u>Lunch</u>	<u>Adult</u>
\$2.95	\$3.45
<u>Extra Entrée</u>	<u>Milk</u>
\$2.40	\$0.70

Daily Options: Assorted Milk
Menu subject to change without notice.

ACE'S CORNER



SchoolDish

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1: Beef Tacos 2: Cheese Quesadilla Corn & Red Pepper Strips Banana & Apple Juice	1: Cheese Pizza 2: Italian Salad w/ Breadstick Spinach Salad & Baby Carrots Fresh Apple & Fruit Juice
1: Max Sticks w/ Dipping Sauce 2: Popcorn Chicken w/ Breadstick LTO: Southwest Crunch Burger French Fries & Celery Sticks Mixed Fruit & Fruit Juice	1: Beef Nachos 2: Bean & Cheese Burrito LTO: Southwest Crunch Burger Refried Beans & Mexicali Corn Diced Pears & Apple Juice	1: Popcorn Chicken Bowl w/ Breadstick 2: Cheese Pizzadilla LTO: Southwest Crunch Burger Fresh Broccoli & Red Pepper Strips Diced Peaches & Grape Juice	1: Mac & Cheese 2: Chicken Nuggets w/ Breadstick LTO: Southwest Crunch Burger Tater Tots & Cucumber Slices Applesauce & Orange Juice	Early Dismissal: No Lunch
No School: Columbus Day National School Lunch Week → → → → →	1: BBQ Rib Sandwich 2: Corn Dog Tater Tots & Pickled Cucumbers Banana & Apple Juice	1: Mini Pancakes & Cheese Omelet 2: Chicken Patty Sandwich Celery Sticks & Baby Carrots Warm Cinnamon Peaches & Grape Juice	1: Honey Stung Popcorn 2: Hot Dog Spiral Fries & Fresh Broccoli Applesauce & Orange Juice	1: Cheese Pizza 2: All-American Salad w/ Breadstick Spinach Salad & Red Pepper Strips Fresh Apple & Fruit Juice
1: Orange Chicken w/ Rice 2: BBQ Chicken Flatbread Edamame & Baby Carrots Mixed Fruit & Fruit Juice	1: Chicken Patty w/ Signature Sauce 2: Cheese Pizzadilla Waffle Fries & Fresh Broccoli Diced Pears & Apple Juice	1: Lasagna Roll Up 2: Chicken Nuggets w/ Breadstick Garlic Parm Green Beans & Celery Sticks Diced Peaches & Grape Juice	No School: Conferences	No School: Conferences
1: Chicken Patty Sandwich 2: Pretzel, Yogurt & Cheese Pack French Fries & Red Pepper Strips Orange Wedges & Fruit Juice	1: Chicken Tenders w/ Garlic Knots 2: Mini Corn Dogs Cooked Carrots & Fresh Broccoli Banana & Apple Juice	1: Beef Walking Tacos 2: Cheesy Pull Aparts Kickin' Pinto Beans & Fresh Zucchini Diced Peaches & Grape Juice	Happy Halloween! 1: Cheeseburger w/ Buffalo Ranch 2: Bean & Cheese Burrito Veg Blend & Celery Sticks Applesauce & Fruit Sorbet	Early Dismissal: No Lunch

HOW ‘BOUT THEM APPLES?

Perfect for snacking, the Gala apple is one of only a few types of apples that are able to grow despite the mild winters in Texas. Gala apples are known for having pinkish-red stripes over a lighter yellow (appearing orange-red in color) with a crisp, sweet flavor. An apple a day really does keep the doctor away since they are full of nutrients such as potassium, vitamin C, fiber, and antioxidants. But don't peel the skin! Most of an apple's vitamins are in the skin. While apple trees need four to five years before they grow apples, these trees live to be up to 100 years old!

ACE'S JOKE OF THE MONTH

Q. WHAT KIND OF APPLE IS NOT AN APPLE?

SEE ANSWER BELOW



ACTIVITY: APPLES TO APPLES

Guess the name of each apple. Choose from the types below. Each name will only be used once.

GALA	GOLDEN DELICIOUS	GRANNY SMITH	MCINTOSH	RED DELICIOUS
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SEE ANSWER BELOW



1. _____



2. _____



3. _____



4. _____



5. _____

‘TIS THE SEASON FOR APPLE PICKING!

HERE ARE A FEW POPULAR CHOICES FOR MAKING YOUR FAVORITE FALL TREATS:

- Beauty is in the Pie of the Beholder: The Fuji, Granny Smith, Yellow Delicious, and Red Delicious are the most popular apples for baking.
- Sauce Bosses: Jonathan, McIntosh, and Winesap apples make great applesauce and apple jelly because of their soft flesh, which is the pale part under the outer peel.
- In-Cider Scoop: Gala and Pippin apples are crisp and sweet—great for apple cider.



APPLE OF YOUR EYE...

NOT ALL APPLES ARE ALIKE.

There are over 7,500 different types of apples grown in the world. Some are red, yellow, or green. Some apples are sweeter, while others are crunchier, but one thing is for sure...there are no bad apples here!